

# EPASA

ETHNOMEDICINE PRACTITIONERS ASSOCIATION  
OF  
SOUTH AFRICA

1st Floor,  
Helvetia House  
Greenvale Road  
Wilbart  
Bedfordview/Edenvale  
1401



P.O. Box 1625  
Edenvale. 1610  
Tel : 0861 105 808  
Fax: 0866 279 604  
e-mail: info@epasa.co.za

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## ii) Interim Scope of Practice

### Ethnomedicine Practitioner

The following acts are acts specifically pertaining to the profession of an Ethnomedicine Practitioners:

#### (A)

**An Ethnomedicine practitioner shall physical examine a person for the purpose of diagnosing any physical, mental and emotional defect and illness. This to include:**

- Patient registration
- The taking of a comprehensive medical history
- Interpret ancillary tests
- Observation, signs and symptoms
- Holistic evaluation of patient
- Make a diagnosis (ethnomedical)
- The use of registered medical apparatus, and as approved by the Ethnomedicine Practitioners Association of South Africa

#### (B)

**An Ethnomedicine practitioner shall provide treatment and or prevention of any illness or deficiency of any person based on African Ethnomedicine philosophies and principles of healing, as determined by the training of the Ethnomedicine Practitioner, and which treatment may include:, but not be limited to,**

- Minor surgery
- Massage techniques
- Dietary advice and dietary supplementation
- Lifestyle advice management and coaching

- Counselling skills
- Ethnomedicines listed with the Medicine Control Council such as:

Oils, salves, lotions, antiseptics, creams, gels, herbal antibiotics, tablets, powders, capsules, oral injections, vitamins, minerals, tinctures, mixtures and tonics.

**(C)**

**Notwithstanding the provisions of the Medicine and Related Substances Act 101 of 1965, prescribe or dispense medicine for the treatment for such diseases, illness or deficiencies in humans by the use of medicines and scheduled substances provided that such acts shall be based on and in accordance with African Ethnomedicine principles and philosophies.**

**Restrictions:**

Surgery.

Ref: EMP 19032010

## **Interim Scope of Practice**

### **Ethnopsychologist**

**The following are acts specifically pertaining to the practice of an Ethnopsychologist in the Republic of South Africa**

Trance state analysis and therapy  
All aspects of counselling including HIV/Aids counselling

#### **(A)**

**The promotion and maintenance of physical and mental health of the patient in a holistic assessment, nutritional advice and life style adjustment and coaching, based on the African Ethnomedicine philosophy and principles of healing, this to include:**

- Taking of a comprehensive case history
- Enhancing physical, mental healing
- Dot, HIV/Aids counselling
- Restore the patient's relationship to physical, metaphysical, social worlds, to correct the imbalance that is the root cause of illness

#### **(B)**

**To perform tests, such as:**

Primary health care screening  
Non diagnostic EPASA approved and registered medical apparatus  
Non diagnostic Iridology, to evaluate:

- Genetic propensity
- Systemic overview
- Acute conditions
- Chronic conditions

**Scope of Practice means the area in which a Practitioner can safely function legally. They can assist them in:**

The elimination of bad habits, fears phobias, substance abuse.  
Childbirth preparation  
Dream analysis  
Forensic hypnosis  
Improving performance: ie sport, speaking acting sales  
Pain management, painless birth, painless dentistry  
Pre-and post-operative stress management  
Producing deep trance phenomena for e.g. consultation with ancestors for healing practice  
Teaching self hypnosis techniques, Life coaching  
Teaching self-help tools and techniques: i.e. self-hypnosis, meditation and goal-setting  
Therapy for spirit attachments, curses and spells

#### **Restrictions:**

Diagnosing mental illness

Ref: EPP05072010

## **Interim Scope of Practice**

### **Ethnomedicine Health Advisor**

**The following are acts that specifically pertaining to the practice of an Ethnomedicine Health Advisor:**

**(A)**

**The promotion and maintenance of physical health of the patient in a holistic assessment, nutritional advice and life style adjustment and coaching, based on the African Ethnomedicine Philosophy and Principles of healing, this to include:**

- Taking of a comprehensive case history
- Building good habits
- Enhancing physical healing
- Dot, HIV/Aids counselling
- Improving quality of life for terminally ill patients

**(B)**

**To perform tests, such as:**

Primary health care screening

Non diagnostic EPASA approved and registered medical apparatus

Non diagnostic Iridology analysis. to evaluate:

- Genetic propensity
- Systemic overview
- Acute conditions
- Chronic conditions

**(C)**

**The treatment of nutritional deficiency of any person based on the African Ethnomedicine philosophy and principles of healing, which is not intended to impinge on the scope of practice of an Ethnomedicine Practitioner by:**

- Treatment modalities used by Ethnomedicine Health Advisor
- Dietary advice and dietary supplementation
- Lifestyle advice
- Over the counter (OTC) Ethnomedicine dietary supplements:

**Restrictions:**

- Physical examination of patient.
- Diagnosing physical or mental illness.
- Surgery.
- Injections.

Ref: EHA08012010

## **Ethno Massage Therapist**

**The scope of practice includes the following act, procedures and functions that may be performed by an ethno massage practitioner using traditional African techniques, oils and methods. The following are acts that specifically pertaining to the practice of an ethno massage therapist in South Africa.**

### **(A)**

**Assessment and evaluation of a patients condition for the purpose of evaluating their state of health.**

These acts may be inclusive of: promotion and maintenance of mental health of the patient in healing disciplines, and this to include:

- Taking of comprehensive case history
- Assessment of the integumentary and myofascial structures
- To determine a treatment protocol that is patient specific
- Keeping of comprehensive case records the condition and progress of the patient.

### **(B)**

**The following procedures pertain to the practice of an Ethno Massage Therapist:**

The application of Ethno Massage treatments by use of hands with reference to the promotion and maintenance of physical and emotional health by:

- Use of verbal relaxation techniques.
- Attending to patients outside of practice

### **(C)**

**The following functions pertain to the practice of an Ethno Massage Therapist  
The promotion and maintenance of the health of the patient by:**

- Primary health care screening methods
- Nutrition and life style recommendations
- Home care advice, attention to hygiene

### **(D)**

**Restrictions:**

- Physical examination of patient
- Diagnosing illness or pathology
- Diagnosing mental illness
- Surgery
- Injections

Ref: EMT121208

iii) Limitations of the professions:

**Ethnomedicine Practitioner**

Surgery

**Ethnopsychologist**

Surgery

Injections

Physically examine a patient

Diagnosing illness and disease

**Ethnomedicine Health Advisor**

Surgery

Injections

Extractions, Biopsies

Physically examine a patient

Diagnosing illness and disease

Issue of sick notes

**Ethno Massage Therapist**

Surgery

Physically examine a patient

Diagnosing illness and disease

Issue of sick notes

#### **iv) Professions incorporated within the above Professions: (professional registers)**

##### **Ethnomedicine Practitioner**

May use:

Any device to assist in the practice which has been

- Passed by the Department of Health
- Approved by EPASA
- African Ethnomedicines registered with the MCC
- All supplements like vitamins, minerals, amino acids etc. utilized in general and remedial nutrition.

##### **Ethnopsychologist**

May use:

Any device to assist in the practice which has been

- Passed by the Department of Health
- Approved by EPASA
- African Ethnomedicines registered with the MCC
- All supplements like vitamins, minerals, amino acids etc. utilized in general and remedial nutrition.

##### **Ethnomedicine Health Advisor**

May use:

- African Ethnomedicines registered with the MCC
- All supplements like vitamins, minerals, amino acids etc. utilized in general and remedial nutrition.

##### **Ethno Massage Therapist**

May use:

- Any ethnic devices and media such as oils etc. to assist in the practice which has been; Approved by EPASA
- All supplements like vitamins, minerals, amino acids etc. utilized in general nutrition.
- Any other ethnic practices such as Mud packs, steam baths etc.

Executive Directors:

Dr. I. Kekana (Chairperson) Dr. B.P. Lekhuleni (Deputy Chairperson) Dr. M.V. Bartholomew (CEO)  
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